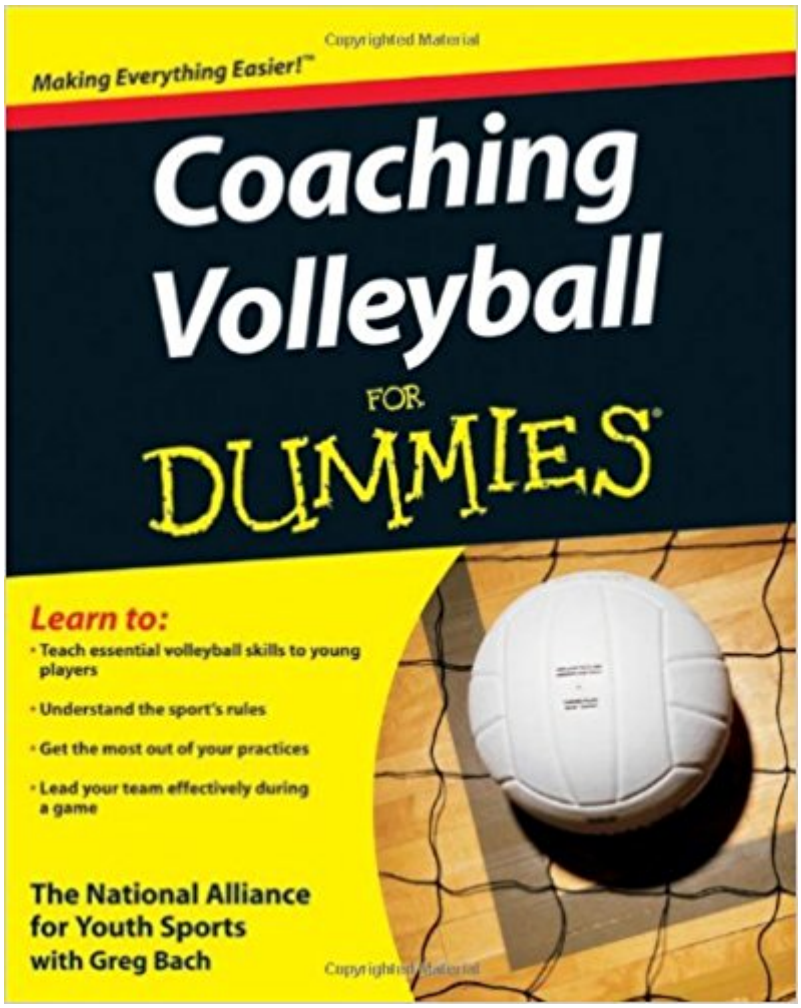
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Coaching Volleyball For Dummies



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Synopsis

Your hands-on guide to coaching youth volleyball Have you been asked to coach a youth volleyball team? This friendly, practical guide helps you grasp the basics and take charge on the court. You get expert advice on teaching key skills to different age groups, running safe and effective practices, helping struggling players, encouraging good sportsmanship, and leading your team with confidence during a match. Lay the groundwork for a great season — develop your coaching philosophy, run an effective preseason meeting, and get up to speed on the rules and terminology of the sport Build your team — size up the players, find roles for everyone to succeed in, and coach all different types of kids Teach the basics of volleyball — from serving and passing to setting, attacking, and blocking, instruct your players successfully in all the key elements Raise the level of play — teach more advanced offensive and defensive skills and keep your kids' interest in volleyball going strong Make the moms and dads happy — work with parents to ensure a successful and fun season Score extra points — keep your players healthy and injury free, resolve conflicts, and coach a volleyball club team Open the book and find: Clear explanations of the game's fundamentals An assortment of the sport's best drills The equipment your team needs Player positions and their responsibilities Tips for running fun-filled practices Refinements for your coaching strategies How to meet players' special needs Ten ways to make the season memorable

Book Information

Paperback: 384 pages

Publisher: For Dummies; 1 edition (June 9, 2009)

Language: English

ISBN-10: 0470464690

ISBN-13: 978-0470464694

Product Dimensions: 7.6 x 0.8 x 9.3 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 24 customer reviews

Best Sellers Rank: #71,162 in Books (See Top 100 in Books) #8 inÃ Â Books > Sports & Outdoors > Other Team Sports > Volleyball #264 inÃ Â Books > Sports & Outdoors > Coaching

Customer Reviews

The National Alliance for Youth Sports is America's leading advocate for positive and safe sports for children. It provides a wide range of programs for coaches, administrators, officials, parents, and

young athletes. Greg Bach is the Director of Communications for the Alliance.

Intense and exhaustive book on Volleyball and all you'll need for coaching.... even the common sense stuff is outlined. This is a great book for yourself if you have a kid playing vb and you want to learn more about it and how to best help your kid with their drills, or if you want to start coaching at the earliest level to prepare the kids for club or Y ball. I could see giving it to that parent on the sidelines with the attitude. It has a great section on dealing with "those" parents. Maybe they would get the hint LOL.

I really enjoyed this book. I recently purchased this book before going on a coaching job interview and was surprised how much it helped (I got the job).What I like about the book: It covers a lot of subject material and brings up points that you might not necessarily consider. For example, you may need to set up a parent meeting or you may have kids with special needs. It helped me to organize my thoughts and approach to coach.What I dislike about the book: Other that saying "keep in mind that you may have to ____" it doesn't give you real details on how to deal with certain elements of coaching. I guess what I am trying to say is that it is really vague.

good stuff!

Like many of the "For Dummies" series, this book provides a generally good overview of how one might prepare for coaching volleyball at different levels, along with some specific pointers and drills that I've found useful with my team but is short on certain details. The organization of the book could also be improved in the order in which they present the topics but it was generally easy to find particular areas of interest. As a starter reference, I'd give it 3.5 stars and it can provide a platform for learning more advanced coaching techniques.

This book was very useful for learning rules and roles of players. I was hoping for more information on what to do for drills and practices etc. which was a bit lacking. Overal it was still a very useful book!

Given to my son who is a beginning volleyball coach. He appreciated it.

The information you want and need to begin teaching and coaching individual players and a team.

Very practical and at a beginners level of comprehension.

Helped me with my granddaughters team.

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